



CLEVELAND



voice specialist, she has worked with patients recovering from vocal fold injuries, surgery and problems related to vocal misuse, in conjunction with laryngologists and speech pathologists.

Stauch also brings the mind/body connection to her teaching to help students release tension, manage stress and performance anxiety, and develop inner strength and confidence. She is a certified Adaptive Yoga and Yoga Nidra instructor and teaches Let Your Yoga Dance® as well, having received her certification from Kripalu Center for Yoga and Health in 2013. With an interest in positive psychology, she is intent on sharing the positive energy of Yoga, Let Your Yoga Dance® and general yogic philosophy to help students maximize performance potential. Her Let Your Yoga Dance® program was part of the University of Miami Frost School of Music's summer program in Salzburg, Austria in 2016.

Stauch has been a member of the CIM voice faculty since 2012.